

The Life at Rest Is the Life that Is Focused on Christ and Fixed in Him - Matt 11:28-30

The Life at Rest Is a Secure Life

- Secure in the truth that God is always loving - Ps 92:2; I Jo 4:8; Ro 8:32

...no fear of lack - Ps 84:11; Matt 6:33

- Secure in the truth that God is always faithful - Ps 92:2; II Tim 2:13; I Thess 5:24

...no fear of abandonment - Heb 13:5-6

- Secure in the truth that God is always triumphant - Ps 92:7-9; II Co 2:14

...no fear of defeat - Col 2:15; Is 54:17

**The Self-Conscious Life Is Never at Rest** - Is 26:3

The Life at Rest Is a Derived Life - Ps 92:4-5

- All of Life Is Dependent upon and Held Together by Him - Gen 1; Jo 1:1-4; Col 1:15-18

...Creation and re-creation are God's Works

- There Is Rest Only in the Finished Work of God - Gen 1:31; Jo 19:30

...We find rest in the receptivity of His activity - Jo 1:12

**The Self-Made Life Is Never at Rest**

The Life at Rest Is a Meaningful Life - Ps 92:12-15

- We Were Made to Abide in God and for God to Abide in us - Jo 15:4

...We find our meaning and purpose in being containers and expressions of His Life

- We Were Made to Show Forth His Glory - Ps 92:15

...To display His goodness to others

**The Self-Contained Life Is Never at Rest**