

AGING GRACEFULLY
(Psalm 71; 92:12-15)

Aging Gracefully Calls for Us to Cooperate with the Seasons of Life - Ecc 3:1-11

- Changes compel us to be flexible/adaptive
- Changes press us into deeper expressions of trust - Ps 71:20
- The seasons of life are a part of God's eternal picture - Ecc 3:11
- Eternity must be settled in our heart
 - ...The Eternal One must be settled in us - I Jo 5:11-12; Ps 71:2-3

Aging Gracefully Calls for Us to Make Worthy Investments

- We must invest in unchangeable reality - Matt 6:19-21; Phil 3:7-8
- We must invest in the Truth - I Pet 2:6; Jo 8:32; Ps 71:4
 - ...God Himself must be our rock/foundation - Ps 71:3; Matt 7:24ff
 - ...Bank on what never changes - I Pet 1:24-25
- We must invest in people - Ps 71:18; 92:15; Lk 16:9
 - ...Love never fails - I Co 13:8

Aging Gracefully Calls for Us to "Continually" Praise God and Give Him Thanks - Ps 71:6; 92:1-2

- Awakens us to the realm of the Spirit
- Prevents the partial from masquerading as the whole
 - ..."The fullness of joy is to behold God in everything" - Julian of Norwich (14th century)
- The power of positive thanking...
 - ...vitality ...freshness ...stamina ...usefulness - Ps 92:1-2,12-15

You want to end well? Start now!