

Human Wholeness: The Spiritual Disciplines  
(Psalm 37:4-6; I Thessalonians 5:23-24; I Timothy 4:7-8)

- In Christ Alone We Discover and Receive the Contents for Human Wholeness - Col 1:13-17; 2:9-10
  - We have a union with Christ that leads to communion that results in expression of His Life - Ga 2:20
  - We orient and organize all of life around the Person of Christ - Phil 1:21; Ro 6:4
    - ...we are learning to live from the fullness/allness of Christ - Col 2:9,10
    - ...we call that abiding in Christ - Jo 15:1-5
  
- Spiritual Disciplines/Exercises Are Profitable for Us - I Tim 4:7-8
  - The disciplines have no power to transform us, only God can do that - Ps 138:8; Phil 1:6
    - ...they are not the center of the Christian life - Christ is the center - Phil 4:13
    - ...they keep us mindful of the center - Col 3:1-4
  - Spiritual disciplines are designated channels of God's gracious and all sufficient indwelling supply
  
- An Overview:
  - Disciplines of Communion (to be Truth-full) - Jo 8:31-32
    - ...Scriptures/Bible - Ps 119:105; II Tim 3:16-17  
(mind of God in our vocabulary; listen for your Father's voice)
    - ...Prayer - Jer 33:3; I Thess 5:17  
(mutual self disclosure; always relational and responsive)
    - ...Worship - Rev 4:11; Eph 5:20; Phil 4:4  
(personal celebration and occupation with God; private and corporate)
  - Disciplines of Submission (to be humble) - Is 57:15; Phil 2:3; Ja 4:10
    - ...Present our bodies to God - Ro 12:1-2
    - ...Fasting - Matt 6:16-18  
(physical, soulish subordinated to spirit)
    - ...Authorities - I Pet 2:13; Ro 13:1-2; Heb 13:17
  - Disciplines of Service (to be other-centered) - Mk 10:45; I Thess 2:8
    - ...fellowship - Heb 10:24-25  
(to know and to be known)
    - ...employing our gifts - I Pet 4:10  
(for the kingdom's sake)
    - ...secret service - Matt 6:1-5  
(learn to get your "well done" from God)
  - Disciplines of Stewardship (to be safe from greed) - I Cor 4:7; Matt 6:20-21; Lk 12:15
    - ...we are spiritual caretakers of material goods  
(all we have comes from God, belongs to God, used for others) - Ps 24:1; Lk 16:9
    - ...we order our lives and resources in such a way that it demonstrates how grateful we are for all God has entrusted to us  
(our lives are offerings to God)
  
- We Live Life As a Sanctuary of the Most High God...
  - ...made whole and holy by His Life
  - ...made to be a gift to the world